

2023-2024

Service Hours Requirements

Service as Action Mission:

Trinity Catholic School is committed to developing students who will make a meaningful contribution to the local community and the world.

Following in the footsteps of Jesus' ministry in serving others, we hope our students will develop a thoughtful heart of service as they continue their life journey beyond Trinity Catholic School.

Requirement

All middle school students must complete 10 service hours for the entire school year which includes any hours performed during the summer prior to the start of school. All service hours will be due on **Wednesday, May 1, 2024**.

Service Hours

You can receive up to 5 hours for each service experience. For example, one week of volunteering for VBS is considered one service experience and can count towards 5 hours of service for the school year. Altar serving, or other ongoing service, are also considered one service experience, and can only be counted

toward 5 hours of service. Parents may not act as supervisor for a service activity; a Supervisor name and contact information is required when reporting hours.

Service Opportunities

8th Grade Community Project

Only the actual service portion of the 8th Grade IB Community Project is considered acceptable hours towards the service requirement.

NJHS and Service Requirement

NJHS has a separate service requirement of 5 hours each semester. Students cannot use the same service for both requirements.

Other opportunities

Service hours must be fulfilled for non-family member individuals or groups only. If you are a member of a club or organization, the service hours must be voluntary versus a requirement of your membership where you receive something for that service.

Required Reflection of Service

Each service experience must have a written reflection. You must choose at least one of the IB Learning Outcomes (see chart below) that best represents the service you performed. You will answer the reflection questions in the box next to the chosen learning outcome.

Outcome

In doing the required 10 service hours through the school year, we are hoping to have students grow in their understanding of service and be more willing to say “I will help”.

Only those students who have submitted all required service hours and reflections by the due date will be permitted to attend the end of year field trip. All hours need to be reported on the Google Form located on the Service as Action Google Classroom. Students must fill out and submit the Google Form as each service activity is completed.

Learning Outcome	Description	Reflection Questions
Increase awareness of your strengths and areas for growth	The activity will help you come to know yourself better, as a person with skills and attitudes that are strengths or need to be developed further in order to be an effective contributor to your community.	<ul style="list-style-type: none"> - Describe how your S&A activity has helped you know yourself better. - What areas of strength did you notice and demonstrate? What growth areas did you notice?
Undertake new challenges (Part 1)	The activity may be unfamiliar to you and will require you to take part in situations that you have never been in before, or that are more challenging than a situation you have been in before	<ul style="list-style-type: none"> - In what ways has your S&A activity stretched you beyond your comfort zone? - What risks have you taken in order to grow as a person?
Develop new skills or understandings (Part 2)	The activity will require you to acquire skills and/or understanding that you did not have before, or to increase your expertise in a previously learned skill or understanding.	<ul style="list-style-type: none"> - What new skill(s) (either increased expertise or new personal skill) have you developed by planning and/or implementing your S&A activity? - What new understanding(s) have you gained through participation in this activity?
Show perseverance and commitment	At a minimum, the activity will require that you participate regularly & that you accept a part of the responsibility for dealing with challenges that arise over the course of participating.	<ul style="list-style-type: none"> - Describe your level of commitment to your S&A activity. How many times did you do the activity? For how long each time? - How did you deal with any problems that came up during the course of activities? - How did your feelings about the activity change over time?
Work collaboratively with others	The activity will require you to work with others to effectively contribute to the community. You will need to reflect on the role(s) you took and reflect upon your personal strengths and challenges in working with others.	<ul style="list-style-type: none"> - In what ways did you collaborate with others to plan and/or implement your S&A activity? - What role did you take in the collaboration? - What collaborative strengths did you demonstrate? What challenges did you experience?

Learning Outcome	Description	Reflection Questions
Plan and initiate activities	The activity will require you to take on a leadership role in creation, planning and/or implementation. You may be leading a school sponsored activity or coming up with your own project in order to positively impact a specific community.	- Describe the planning and implementation process you underwent for your S&A activity. What successes/challenges did you experience?
Engage with issues of global importance	The activity involves an issue that impacts the international community. It could be a project based in another country or it may be a global issue that can be acted upon locally here in Tallahassee and/or nationally (i.e. environmental concerns, caring for the elderly).	In what ways did your S&A activity address issues important to the extended global community?
Consider the ethical implications of your actions	During the activity, you may be faced with an ethical dilemma or you may need to think about the possible impact or consequences of the action you take.	Did you have to face any ethical dilemmas during your S&A activity? If so, please describe what happened. - Did you experience any situations that confused you, or made you think about possible consequences of your actions that you had not previously imagined? If so, please describe the situations.